

Saint Anthony's High School 47th Annual Cross Country Invitational

Date: Friday, October 6, 2017
Place: Sunken Meadow State Park, Kings Park, Long Island, New York

Distance: All races are 5K (3.1) Miles , except the Frosh Races (1.47 miles)

Time Schedule:

- 1 4:00 PM Boys Catholic Middle School Athletic Association Race
- 2 4:15 PM Girls' Catholic Middle School Athletic Association Race
- 3 4:30PM Boys' Freshmen Race
- 4 4:45 PM Girls' Freshmen I Race
- 5 5:05 PM Boys' Varsity Race
- 6 5:35 PM Girls' Varsity Race

- 7 6:10 PM Boys Junior Varsity Race
- 8 6:40 PM Girls Junior Varsity Race

You must submit your team roster to: <http://www.just-in-time-racing.com/>

SANCTIONS: This Invitational will be held under the rules of the National Federation.

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******* Awards:** ALL FINISHERS WILL RECEIVE A SAINT ANTHONY'S INVITATIONAL PATCH

T-shirts: Top 3 Boys' and Girls' Varsity teams and their coach

Plaques: Top 3 teams in all Varsity Races. Medals (7) for the winning teams
2 Harry Crooke Memorial Plaques will be awarded to the male and female with the best time of the day. Top team in the Junior Varsity and Freshman Races.

Medals: Top 50 in all races

Entry Fee: \$40 per team (of seven) per school - maximum \$200 for boys and \$200 for girls.
\$10.00 per individual entry. Make checks payable to: Saint Anthony's HS

Entry Due Date: Entries must be received by September 25, 2017. Earlier entries are appreciated.
Please include check or purchase order form and/or P.O. number.

Mail Above To: Donal Buckley/Meet Director
Saint Anthony's High School
275 Wolf Hill Road
South Huntington, New York 11747-1394

Entries May Be Faxed To: 631-549-0620

Team Rosters: You must submit your team roster to: <http://www.just-in-time-racing.com/> (do not fax)

Questions: Call Saint Anthony's High School at 631-271-2020, extension 209.

Short sleeve tee shirts (\$10) and long sleeve tee shirts (\$15) will be on sale at the Invitational.

SAINT ANTHONY'S HIGH SCHOOL CROSS COUNTRY INVITATIONAL ENTRY FORM

School _____ Coach's Name _____

Address: _____ Coach's Phone: _____

Town/City _____ A.D.'s Name: _____

You must submit your team roster to: <http://www.just-in-time-racing.com/> (do not fax)
 NO JUNIOR VARSITY ENTRIES ARE PERMITTED UNLESS A VARSITY TEAM HAS ALSO BEEN ENTERED.

No. of Boys Teams

No. of Girls Teams

A team consists of 7 runners. If you have 21 freshmen runners that counts as 3 teams.

Boys Varsity @ \$40.00

Girls' Varsity @ \$40.00

Boys Junior Varsity @ \$40.00

Girls' Junior Varsity @ \$40.00

Boys Freshmen @ \$40.00

Girls Freshmen @ \$40.00

Individual Boys @ \$10.00

Individual Girls' @ \$10.00

Total Number of Boys Teams _____

Total Number of Girls Teams _____

TOTAL ENTRY FEE ENCLOSED/OWED: _____ X \$40.00/Team Total = _____

TOTAL Individual FEE _____ X \$10.00/Individual Total _____

Maximum Entry Fee for Boys (\$200.00) and Girls (\$200.00)

Include Check and/or Purchase Order with Entry - Entries must be postmarked by September 25, 2017

Please make checks payable to Saint Anthony's High School.

Mail Entries To: **Mr. Don Buckley – Meet Director**
 St. Anthony's High School
 275 Wolf Hill Road
 South Huntington, New York 11747-1394