

Saint Anthony's High School 48th Annual Cross Country Invitational

Date: Friday, October 5, 2018
Place: Sunken Meadow State Park, Kings Park, Long Island, New York

Distance: All races are 5K (3.1) Miles , except the Frosh Races (1.47 miles)

Time Schedule:

- | | | |
|---|----------|---------------------------|
| 1 | 3:40 PM | Boys' CMSAA Race |
| 2 | 5:50 PM | Girls' CMSAA Race |
| 3 | 4:00PM | Boys' FROSH Race |
| 4 | 4:15 PM | Girls' FROSH Race |
| 5 | 4:35 PM | Boys Varsity Race |
| 6 | 5:00 PM | Girls Varsity Race |
| | | |
| 7 | 5:25 PM | Boys Junior Varsity Race |
| 8 | 5:50: PM | Girls Junior Varsity Race |

You must submit your team roster to: <http://www.just-in-time-racing.com/>

SANCTIONS: This Invitational will be held under the rules of the National Federation.

******* Awards:** ALL FINISHERS WILL RECEIVE A SAINT ANTHONY'S INVITATIONAL PATCH

T-shirts: Top 3 Boys' and Girls' Varsity teams and their coach

Plaques: Top 3 teams in all Varsity Races. Medals (7) for the winning teams
2 Harry Crooke Memorial Plaques will be awarded to the male and female with the best time of the day. Top team in the Junior Varsity and Freshman Races.

Medals: Top 50 in all races

Entry Fee: \$40 per team (of seven) per school - maximum \$200 for boys and \$200 for girls.
\$10.00 per individual entry. Make checks payable to: Saint Anthony's HS

Entry Due Date: Entries must be received by October 1, 2018. Earlier entries are appreciated.
Please include check or purchase order form and/or P.O. number.

Mail Above To: Joseph Minucci/Athletic Director
Saint Anthony's High School
275 Wolf Hill Road
South Huntington, New York 11747-1394

Entries May Be Faxed To: 631-549-0620

Team Rosters: You must submit your team roster to: <http://www.just-in-time-racing.com/> (do not fax)

Questions: Call Saint Anthony's High School at 631-271-2020, extension 209.

Meet Director: Tim Dearie

Short sleeve tee shirts (\$10) and long sleeve tee shirts (\$15) will be on sale at the Invitational.

SAINT ANTHONY'S HIGH SCHOOL CROSS COUNTRY INVITATIONAL ENTRY FORM

School _____ Coach's Name _____

Address: _____ Coach's Phone: _____

Town/City _____ A.D.'s Name: _____

You must submit your team roster to: <http://www.just-in-time-racing.com/> (do not fax)
 NO JUNIOR VARSITY ENTRIES ARE PERMITTED UNLESS A VARSITY TEAM HAS ALSO BEEN ENTERED.

No. of Boys Teams No. of Girls Teams

A team consists of 7 runners. If you have 21 freshmen runners that counts as 3 teams.

Boys Varsity @ \$40.00

Girls' Varsity @ \$40.00

Boys Junior Varsity @ \$40.00

Girls' Junior Varsity @ \$40.00

Boys Freshmen @ \$40.00

Girls Freshmen @ \$40.00

Individual Boys @ \$10.00

Individual Girls' @ \$10.00

Total Number of Boys Teams _____

Total Number of Girls Teams _____

TOTAL ENTRY FEE ENCLOSED/OWED: X \$40.00/Team Total =

TOTAL Individual FEE _____ X \$10.00/Individual Total

Maximum Entry Fee for Boys (\$200.00) and Girls (\$200.00)

Include Check and/or Purchase Order with Entry - Entries must be postmarked by October 1, 2018

Please make checks payable to Saint Anthony's High School.

Mail Entries To: **Mr. Joseph Minucci – Athletic Director**
 St. Anthony's High School
 275 Wolf Hill Road
 South Huntington, New York 11747-1394