

NYSPHSAA/FEDERATION BOYS & GIRLS SPRING TRACK
APPROVED STANDARDS FOR THE SECOND QUALIFIER FOR
THE 2017 SEASON

EACH SECTION MUST DESIGNATE THEIR STATE QUALIFIER MEET.

FIRST PLACE FINISHER IN EACH INDIVIDUAL EVENT AND RELAY FROM THE FOLLOWING DIVISIONS WILL ADVANCE TO THE STATE MEET: ***DIVISION I AND DIVISION II.***

A SECTION MAY SEND ANOTHER ATHLETE OR RELAY TEAM IN ANY EVENT PROVIDING THEY MEET THE FOLLOWING STANDARDS. A SECTION CAN SEND ONE ADDITIONAL ENTRY FOR EACH EVENT IN EACH DIVISION, PROVIDING THEY BOTH MEET THE STANDARD LISTED BELOW. ***THE STANDARD MUST BE MET AT ANY INVITATIONAL OR CHAMPIONSHIP MEET AT ANYTIME DURING THE SEASON.***

EVENT	BOYS D1	BOYS D2	GIRLS D1	GIRLS D2
100M DASH	10.9 / 11.14	11.1 / 11.34	12.2 / 12.44	12.6 / 12.84
200M DASH	22.1 / 22.34	22.6 / 22.84	25.3 / 25.54	25.9 / 26.14
400M DASH	49.0 / 49.24	50.3 / 50.54	57.6 / 57.84	58.4 / 58.64
800M RUN	1:54.5 / 1:54.74	1:56.4 / 1:56.64	2:15.4 / 2:15.64	2:15.5 / 2:15.74
1600/1500M RUN	4:16.9 / 4:17.14	4:22.7 / 4:22.94	4:38.1 / 4:38.34	4:45.0 / 4:45.24
3200/3000M RUN	9:23.6 / 9:23.84	9:32.8 / 9:33.04	10:00.6 / 10:00.84	10:24.3 / 10:24.54
STEEPLECHASE	9:34.4 / 9:34.64	9:50.5 / 9:50.74	7:06.5 / 7:06.74	7:22.6 / 7:22.84
HIGH HURDLES	14.8 / 15.04	15.2 / 15.44	15.0 / 15.24	15.9 / 16.14
400M HURDLES	55.5 / 55.74	57.1 / 57.34	63.6 / 63.84	66.4 / 66.64
LONG JUMP	22' 01.5"	21' 04.75"	17' 09.75"	17' 01"
TRIPLE JUMP	46' 00.5"	44' 04.75"	36' 10.5"	36' 05.5"
SHOT PUT	52' 04"	49' 00.25"	39' 01.75"	36' 00.75"
DISCUS	150' 04"	144' 04"	115' 11"	109' 01"
HIGH JUMP	6' 02"	6' 02"	5' 03"	5' 01"
POLE VAULT	13' 09"	13' 03"	11' 00"	9' 09"
PENTATHLON	3057 PTS.	3076 PTS.	2797 PTS.	2694 PTS.
400M RELAY	42.9 / 43.14	44.1 / 44.34	48.9 / 49.14	50.4 / 50.64
1600M RELAY	3:21.0 / 3:21.24	3:28.1 / 3:28.34	3:56.0 / 3:56.24	4:04.2 / 4:04.44
3200M RELAY	7:51.5 / 7:51.74	8:08.8 / 8:09.04	9:17.0 / 9:17.24	9:36.3 / 9:36.54

(FIRST TIME LISTED IN EACH COLUMN IS HAND TIMED, SECOND TIME LISTED IS FULLY AUTOMATIC TIMING. STANDARD HYTEK CONVERSION OF .24 WAS USED FOR ALL RUNNING EVENTS.)

THESE STANDARDS REPRESENT THE AVERAGE OF 6TH PLACE IN THE FINALS FROM 2012 THROUGH 2016

PROPOSED 9/18/16